



"IF THE CONDITION OF GRIEF IS NEARLY UNIVERSAL, ITS TRANSACTIONS ARE EXQUISITELY PERSONAL." - MEGHAN O'ROURKE, THE LONG GOODBYE  
BPC BRINGS A SERIES OF WORKSHOPS TO HELP US UNDERSTAND, PLAN FOR, AND SUPPORT EACH OTHER WHEN DEATH, DYING AND GRIEF COME TO CALL.

**April 14th 10:15-11:00 (Sunday School Hour)**

*What is it like to watch someone whose life is ending? How can you be a support to that person, their family and yourself? What is helpful and what are the most common blunders to avoid.*

<Part 1>: Christine Reimers, Hospice Chaplain, provides the basics of hospice, its philosophy, when it might be appropriate to consider, and how it might fit with one's sense of 'stewardship' of ALL of life.

**April 21st 10:15-11:00 (Sunday School Hour)**

<Part 2> The biology and realities of dying: Patricia Brockmeier, hospice nurse, will provide an overview of 'how we die' and when to initiate hospice care and how to talk openly with affected family members and friends about decisions, expectations and timing.

**May 5th (Sunday School Hour)**

Deryl Fleming and Becca Messman lead a workshop on the many facets of grief. Come to discuss and reflect on how to support others even in our own darkness. What is helpful and what isn't? What is good to say and pray and what isn't?

---

**September 15th 10:15-11:00 Sunday School Hour**

This workshop helps you prepare to talk about next steps and to be prepared. Come discuss how to talk to family about their wishes while you still can. Plan with broad strokes or nitty gritty. Talk about what questions to ask and whom to speak with as you help plan so that the wishes of yours or your loved ones are clear for those left behind.

**October 20th: 12:30 Pot Luck Lunch**

Bring your comfort food to share! This session focuses on how to fill in the empty spaces once a death has occurred. How do we plan and honor a lost loved one? How do we support each other in our immediate and ongoing grief? How do we fill in the gaps, or honor our sisters and brothers in special ways when it isn't crystal clear what they'd want.

**November 3rd– All Souls Day Lunch –Soup for the Soul Lunch**

When our mortality sets in: a session on wills and estate planning– how to access for the easiest to the most advanced care– planning for what's to be for what's left behind.